



Worksite Wellness in the Agriculture Sector

June 25th, 2015

Elle Mari, Center for Community Health
University of California, San Diego

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TRAINING & RESOURCE CENTER

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Purpose of Training & Panel Discussion

Support worksite wellness program staff and other community health partners to effectively outreach to and meaningfully engage the agriculture sector to promote the health of farmworkers and build healthy agriculture industry worksites.



Objectives

1. Understand the contributions of farmworkers to our economy and society.
2. Understand key issues that affect farmworker health and the wellness of farmworker communities.
3. Understand barriers to outreaching and engaging farmworkers/ agriculture industry employers, and learn suggested strategies to overcome barriers.
4. Learn health and wellness interventions within the agriculture sector that have led to policy, systems, and/or environmental changes to support farmworker health and food security.

Guest Speakers

Luzmam Vigil

*Community Engagement Project Manager,
North County Health Services*

Lupe Covarrubias-Martinez

*Monterey County Health Department
Nutrition Programs*

Jose Duarte

Distribution Manager, Pardee Tree Nursery

SECTION 1

- ❖ Farmworker contribution to society & economy
- ❖ Key issues affecting farmworker health



Image credit: University of California Global Health



The work we do is life.



**Our Work Is Life | 2015 Real Food Media
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SECTION 2

- ❖ Barriers to outreach
- ❖ Overcoming barriers
- ❖ Case Study: PSE Change in Action



SECTION 3

❖ Agriculture Employer Perspective



Wrap -Up

- ❖ Final Q & A
- ❖ Evaluations
- ❖ Optional Networking Session



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Atkins Nursery, San Diego County



Menos Farm, Riverside County



Gaytan Family Farm, Riverside County